

Chapter 3: Fitness for work

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Student assignment: overall case development

Work on a case of a patient with a chronic disease. You may choose any chronic disease, like diabetes, multiple sclerosis, rheumatoid arthritis, cardiovascular diseases etc. Choose a disease you are familiar with and already has been addressed in your medical education program. If you are familiar with a certain profession or you have been working on a specific profession in chapter two: use this profession for your patient with the chronic disease.

Imagine that your patient was active in her/his job. But now the situation has worsened e.g. more complaints, more disability, less self confidence.

Individual assignment: estimated time required: 3 hours

The individual assignments can then be discussed in small groups with a tutor.

1. Describe the following global: the fictional situation of your patient, background (age, sex etc), diagnosis and job.
2. Describe all parts of the ICF model for your patient (except for the interventions, see question 3)
3. Explain the possible interventions and which physician should do what?
4. Elaborate on the necessary cooperation between physicians and other professionals

Checklist for the assessment of the quality of the case-elaboration

1. The fictional situation of the patient. The student(s) have globally described:

- background of the patient 5 point likert scale (very good, good, not good/not bad, bad, very bad)
 - medical diagnosis / health condition
 - stage of the disease
 - the characteristics of the job

2. Description of all parts of the ICF model for this patient, except for the interventions. The student(s) have sufficiently described

- disorders / impairments in function and / or anatomical structures
 - limitations in activities
 - different activities are sufficiently differentiated
 - limitations are sufficiently differentiated (light to severe)
 - the medical treatment / medication is described in sufficient depth
 - personal factors that are involved
 - environmental factors that are involved

3. Explain possible interventions and mention which physicians are involved

- different interventions (clinical, behavioral and environmental) are discussed in sufficient dept
 - the physicians involved are listed

4. Cooperation of physicians involved

- students have elaborated on possible cooperation: opportunities and threats